

HAIR

The world is your oyster!

IT'S the holiday season once again. What's best for our hair, what style will be easy to cope with and how do I protect the colour of my hair and the condition?

The first good news from Peterborough salon Michael John is that the world truly is your oyster these days and certainly the same goes for your hair. The market is packed full of goodies to help you look after the colour and condition of your hair.

There are numerous sun-care ranges these days from all the major companies, among them the Wella System professional range and Tigi, both of which are proving very popular.

Striking

And then there are shampoos, conditioners, protection sprays or gels ... the list goes on and on.

When it comes to hairstyles, once again the list goes on. The really short crops can be much more striking if bleached or coloured red or dark—whatever suits you best. Then there is the undercut for the very trendy, but even here the styles can be anything from very short and sharp and exaggerated to boyish or blended and funky.

And then there are all the bobs



(almost every other cut today is called a bob). Ultra-short geometric bobs, asymmetric bobs and the longer layered bobs are just a few of the multi-assortment on offer.

Then we go on to longer hair. Definitely back this summer are waves and curls, messy ponytails and 60s-type styles such as Pixie Lott's. There are multi-toned highlights or slices to lighten and brighten your natural colour. There are three different tones of blonde and three of red. Blondes and coppers or heathers mixed together look good, as do reds and browns.

The world truly is an oyster, so why not make it yours?

TAKE YOUR PICK ..!



* Ring the Queensgate salon on 01733 553732.

* Ring the Millfield salon on 01733 554826.

* Visit www.michaeljohnhairartwork.co.uk



SKIN CARE

Give your body a new treat



WHEN Elemis launched Skin Nourishing Milk Bath in 1990, the concept of bathing in milk seemed off the wall—until you realised just how great it was for your skin.

Designed with milk proteins, nourishing oils, plant actives and calming essential oils, it's a recipe the company has never needed to change.

Twenty years later, Skin Nourishing Milk Bath continues to be a best-seller and now Elemis is introducing NEW **Skin Nourishing Shower Cream** (above) and NEW **Skin Nourishing Hand and Body Lotion** (below).

Delighted

Designed using Elemis's original formulation, these additions to the Body Solutions range promise soft, supple and moisturised skin. Skin Nourishing Milk Bath fans who love the aroma will be delighted it continues in the new products.

• Skin Nourishing Shower Cream (300ml, RRP £22) veils the skin in a milk protein cocoon and gently cleanses while enriching the body and balancing the acid mantle.

Contains nourishing camellia, macadamia and jojoba oils combined with extracts of oat kernel and wheatgerm, promoting satin-soft, supple and healthy skin.

• Skin Nourishing Hand and Body Lotion (200ml, RRP £20), rich in concentrated milk protein and camellia, macadamia and jojoba oils, replenishes dry skin while softening and balancing the acid mantle. The soothing extracts of oat kernel and limnanthes alba, plus the lipid-rich sesame and shea

butter base, ensure skin is left silky-soft and healthy-looking.



■ For your nearest stockist, ring Elemis customer care on 01278 727830.